






## March 2015 Breakfast Menu

**BREAKFAST IS AVAILABLE AT ALL SCHOOLS. COME JOIN US FOR THE MOST IMPORTANT MEAL OF THE DAY AND PARTICIPATE IN THE NATIONAL SCHOOL BREAKFAST WEEK FROM MARCH 2 THROUGH MARCH 6**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3/2 National School Breakfast Week</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/3 National School Breakfast Week</b> Yogurt Graham Crackers Fresh Fruit Choice of Milk	<b>3/4 National School Breakfast Week</b> Zucchini Bread Fresh Fruit Choice of Milk	<b>3/5 National School Breakfast Week</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/6 National School Breakfast Week</b> Apple Cinnamon Muffin Fresh Apple Slices Choice of Milk
<b>3/9</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/10</b> Yogurt Graham Crackers Fresh Fruit Choice of Milk	<b>3/11</b> Banana Bread Fresh Fruit Choice of Milk	<b>3/12</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/13</b> Blueberry Muffin Fresh Apple Slices Choice of Milk
<b>3/16</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/17</b> Yogurt Graham Crackers Fresh Fruit Choice of Milk	<b>3/18</b> Zucchini Bread Fresh Fruit Choice of Milk	<b>3/19 Early Dismissal Elementary</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/20 Early Dismissal Elementary</b> Apple Cinnamon Muffin Fresh Apple Slices Choice of Milk
<b>3/23</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/24</b> Yogurt Graham Crackers Fresh Fruit Choice of Milk	<b>3/25</b> Banana Bread Fresh Fruit Choice of Milk	<b>3/26</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/27</b> Blueberry Muffin Fresh Apple Slices Choice of Milk
<b>3/30</b> Grab & Go Cereal Graham Crackers Fresh Fruit Choice of Milk	<b>3/31</b> Yogurt Graham Crackers Fresh Fruit Choice of Milk			

**Paid Meal Price \$ 1.25**

**Free & Reduced Eligible Students – No Charge**

**Milk \$0.50 each**

1% unflavored or fat free unflavored milk available daily with breakfast or \$0.50 a la carte.

Our menus follow dietary guidelines for calories, reduced fat, sodium and sugar while increasing whole grains, fruits and vegetables. 100 % of our grains are whole-grain rich.

Menu Subject to change without advance notice. Free & Reduced lunch applications are available in your school's main office.

For suggestions and questions about School Lunch Program please call 860-526-9546 ext. 1420